

Healthy or Unhealthy?

Look at pictures of foods encircle healthy or less healthy for each one.



Oatmeal

Healthy

Less Healthy



Orange Juice

Healthy

Less Healthy



Chicken Skewer

Healthy

Less Healthy



Chocolate Bar

Healthy

Less Healthy



Popcorn

Healthy

Less Healthy



Yogurt

Healthy

Less Healthy



Doughnut

Healthy

Less Healthy



Vegetable Soup

Healthy

Less Healthy



Mixed Nuts

Healthy

Less Healthy



Soda

Healthy

Less Healthy