

Name: _____

Class: _____

Healthy habits story:

Read the short story and answer the questions.

Emma's healthy day schedule

Emma wakes up early in the morning. She brushes her teeth and eats a bowl of fruit for the breakfast.

She goes outside to play and exercise. She returns home and washes her hands. Emma eats salads for the lunch. In the evening, she reads a book and goes to bed on time.

Answer the Questions:

1. What does Emma do after she wakes up in the morning?

2. What does she eat for the breakfast?

3. What does Emma do when she goes outside?

4. What does she do in the evening?
