

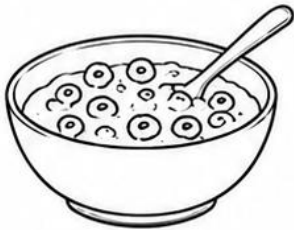
Dairy Foods and Meal Worksheet

Dairy foods give us strong bones and healthy body. Look at the pictures in each meal. Circle the dairy food in each meal.

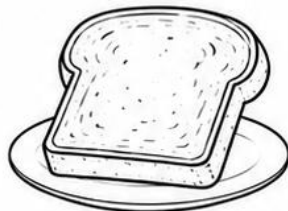


Breakfast

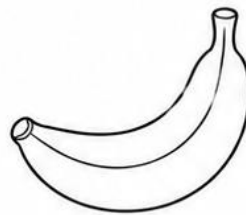
Circle the dairy food in the breakfast.



Cereal



Toast



Banana



Milk



Lunch

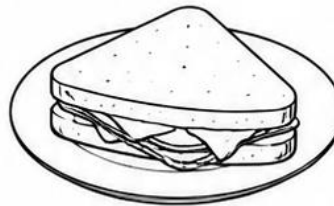
Circle the dairy food in the lunch.



Soup



Rice



Sandwich



Salad



Snacks

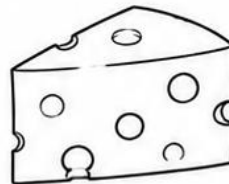
Circle the dairy food in the snack.



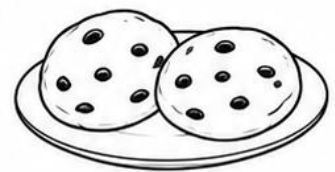
Apple



Juice



Cheese



Cookies